

Writers and Painters



Self Portraits = Journals

Creating self portraits is similar to generating journals:

The logic behind painting an image of the self is the same as recreating one's personality in words.

- an exaggeration of personality traits or feelings
- over-embellishment of weaknesses or strengths, physical appearances
- Sylvia Plath's journals indulge in obsessions over her school work, writing process, poetry acceptances / rejections
- Frida Kahlo represents herself in expressive tones
 - > personal, psychological symbolism sometimes lost to viewer
 - > generating a mood or atmosphere as metaphor to her feelings
 - > themes of pain: physical, mental, spiritual, political
 - > facial features often appear non-emotional, non-reactionary