

Part 1.

Underline the topic sentence in the following three paragraphs.

Adventure tourism is a different way for tourists to see New Zealand. This type of tourism uses the plentiful natural resources - mountains, rivers, lakes, wilderness areas and historical sites to provide adventure, thrills and challenges which are low risk but high in excitement. For example, the coastal areas in New Zealand are great for canoeing and kayaking. White-water rafting is another popular water adventure tour. However, if you would rather keep your feet on the ground, New Zealand has over 100 developed walkways in addition to the tracks in the 12 National Parks. Because more and more tourists are interested in learning about New Zealand by doing exciting and unusual activities, adventure tourism will continue to grow.

The heart weighs about 11 ounces and is the size of a clenched fist. The heart of a man performs at about 60 to 80 beats a minute. In a year it beats some 40 million times. At each beat it takes in nearly a quarter of a pint of blood; in a single day it pumps 2,200 gallons of blood, and in the course of a single lifetime about 56 million gallons. Is there any other engine capable of carrying on such heavy work over such a long period of time without needing to be repaired? Obviously the human heart is a small yet highly efficient piece of equipment.

No matter how you slice it, there are only 24 hours in a day. To be successful at university, students need to learn good time-management skills. The first skill is not taking on more than you can handle. If you are a working part-time, have a family and are involved in a community organization, then taking a full course-load at university will be too much. Another time management skill is reasonably estimating the time required to perform each of the tasks at hand. For example, deeply reading a chapter from a course text cannot be completed in between television programmes. Finally, actually doing what needs to be done seems obvious, but is a very difficult skill. You may find that cleaning out your wardrobe becomes vital when you are avoiding study. Procrastination is a time manager's enemy. By learning time management skills your university study will be successful and most importantly enjoyable.