

Reflection, 10-11-18

For five minutes, using a focused freewrite method, write on the supplied topic in Google Docs. Save the document in Google Classroom.

Aim to complete between 150 words before time runs out.

How much free-time outside of school do you have in an average day?

Consider the activities you conduct outside of school in your off hours.

Identify and explain or describe one to two activities you do to relax.

If you have time, explain details about why these items are important for you.